



coast deli and dining lunch time

Light lunch dishes

12 noon to 3pm

The 'Welsh-est' of rarebits on toasted bagel (v)

£7.50

Includes one of the following~ home cooked ham, sautéed mushrooms, back bacon, black pudding, white pudding or laverbread. Additional toppings £1 each. Smoked salmon £3

Warm salad of king prawns & mango

£9

baby leaves, chilli, fresh mint & crispy noodles

Medley of crab & crayfish

£8.75

bound with lime & black pepper mayo, toasted brioche

Chicken liver, Gwynt y Ddraig cider & apple pate

£6.95

toasted brioche, celeriac remoulade

Smoked salmon, smashed avocado, Hollandaise

£8.50

on a toasted bagel

Duck & waffle

£8

Confit duck leg, chorizo sautéed in honey & Rioja, waffle

Coast 'Bubble & Squeak', poached free range egg (v)

£7.50

Includes one of the following~ home cooked ham, sautéed mushrooms, back bacon, black pudding, white pudding or laverbread. Additional toppings £1 each. Smoked salmon £3

Big bowl of home-made soup

£4.95

Onion bread
Add a slice of organic Welsh Gorwydd cheese £2.30

Mac 'n' cheese how you'd like it! (v)

£6.95

creamy white wine & cheese sauce, toasted mozzarella
~add chicken £3. add crab £4

Baked & bubbling Camembert (v)

£8.95

studded with rosemary & garlic. Artizan bread, red onion marmalade

Orzo Primavera (v)

£7.95

Looks like rice...tastes like pasta, summer vegetables, fresh pesto

Hand made, stone baked pizza

Margherita

£10

Mozzarella, tomato sauce, fresh basil

Spicy

£12.50

Chorizo, n'duja, salami, chilli flakes

Seafood

£13.50

Clams, mussels, crayfish, crab, silver anchovies, samphire, laver flakes

Quatro Caws

£11

Buffalo mozzarella, goats cheese, Parmesan, Perl Wen brie

Deli

£12

Roasted peppers, artichokes, olives, sun dried tomatoes

Chicken & pesto

£12

roasted chicken & fresh pesto

Deli Sharing Boards

on a garlic & rosemary flatbread

Welsh charcuterie board (Trealy Farm)

£18

Mini chorizo, beech-smoked air dried ham, wild boar pancetta, rosemary-cured lamb carpaccio, Perl Las, Perl Wen, chutney

Coast antipasti board

£14

Artichoke hearts, marinated peppers, olives, cornishons, balsamic onions, celeriac remoulade, sweet pickled garlic, caper berries

Beachside board £25

Garlic tiger prawns, smoked salmon, crab & crayfish medley, sweet cured rollmop, king prawn & chorizo skewers
laverbread and cockle cakes, laver flakes

Deli sandwiches and breads

on white or whole grain bloomer, bagel or Ciabatta (50p sup)

Add a small bowl of soup £3

Home cooked ham, Cheddar, pickle

£5.95

Buffalo mozzarella, heritage tomatoes, fresh pesto

£5.95

Back bacon, Perl Wen brie, Stokes' tomato chutney

£6.25

Crab, crayfish & rocket

£8.95

Sides & nibbly bits - £3

Garlic flat bread

Celeriac remoulade

Artisan breads & dipping oils

Spanish goral olives

Green leaf salad

Mixed salad

